

## Title:

**Nigella Sativa Oil by Fatima's Garden – 100% Cold-Pressed Black Seed Oil/Kalonji Oil with Omega 3 6 9 & Thymoquinone for Joint Relief, Indigestion, Immunity, Soft Skin, Strong & Silky Hair (100ml)**

## Bullet Points:

- **BLACK SEED OIL FOR HAIR & SKIN:** Our Nigella sativa oil aka Black seed oil is a highly concentrated oil that is derived from black cumin seeds oil that has the antimicrobial and anti-inflammatory properties helps in improving Eczema, Acne, Scars & skin dysfunctions. Our kalonji oil is cold pressed from the seeds, with a supply of nutrients, including linoleic acid, myristic acid, oleic acid, and palmitic acid, along with many antioxidants for moisturizing your scalp and promoting hair growth.
- **SUPPORTS WEIGHT MANAGEMENT & INDIGESTION RELIEF:** Our Black seed oil helps in controlling blood-sugar levels. Keeping blood sugar balanced can help you lose weight and improve your overall health. Keeping your blood-sugar levels steady also help you control your appetite because they reduce your carbohydrate cravings which results in weight loss. Thymoquinone & Thymol are considered to be carminative that can help to decrease bloating, gas and stomach cramps can regulate healthy bowel movement.
- **SUPPORTS DIABETES & CHOLESTEROL LEVELS:** Our black seed oil creates gradual partial regeneration of pancreatic beta-cells, increases the lowered serum insulin concentrations and decreases the elevated serum glucose makes our kalonji oil rare on earth that supports both type 1 and type 2 diabetes. Supplementing our cumin oil daily can help balance total cholesterol, it reduces LDL ("bad") cholesterol and glucose levels while increases HDL ("good") cholesterol.
- **SUPPORTS JOINT PAIN, IMMUNITY & IMPROVES FERTILITY:** Our black cumin seed oil offers correct immune system balancing, promoting healthy immune function when it's needed while suppressing excessive immune activity (inflammation). Anti-inflammatory properties of cumin oil help to relieve joint pain and in addition to possibly helping with hair loss, there are some other awe-inspiring benefits of our black seed oil like its ability to naturally improve man's fertility.
- **FATIMA'S GARDEN 100% MONEYBACK GUARANTEE –** Our nigella oil is free from any harsh ingredients that are manufactured with a stringent process. Satisfaction of customers is our prime concern. This product is USDA certified and is proudly made in the USA. In the unlikely event that you are not satisfied with our nigella oil we will refund your money without asking any

questions. Just click on the “Add to Cart” button and enjoy a risk-free purchase.

#### **Backend Search Terms:**

arthritis allergy medicine laxative rheumatoid arthritis arthritis pain relief hair skin and nails vitamins black currant seed oil men fertility indigestion relief cholesterol lung vitamins knee joint pain relief memory support vegan premium organic

#### **DESCRIPTION TEXT:**

#### **Fatima’s Garden 100% Pure Cold-Pressed Black Seed Oil with Omega 3 6 9 & Thymoquinone**

Our nigella oil has 3 active ingredients that are thymoquinone (TQ), thymohydroquinone (THQ) and thymol. TQ has anti-oxidant and anti-inflammatory properties, and it also promotes healthy liver functioning. THQ helps to improve memory and brain functions through stimulation of the muscles, glands, and the central nervous system. Thymol is reputed for its powerful antimicrobial properties, makes it super immune system booster.

#### **WHAT MAKES FATIMA’S GARDEN NIGELLA OIL EXCEPTIONAL?**

Our black seed oil is manufactured using the 100% Purest form of black seed oil.

#### **Below are some of the outstanding benefits of our nigella sativa oil:**

- Helps in Alleviating Allergy Symptoms
- Helps in Improving Lung Function
- Helps in Improving Memory and Cognition
- Supports Joint Pain
- Helps in Stabilizing Blood Pressure
- Helps in Reducing LDL Cholesterol
- Powerful Immune System Booster
- Promotes Weight Management
- Promotes Hair Health
- Helps in Rejuvenating Skin
- Supports Indigestion Relief
- Helps in Improving Memory

#### **Direction for Use:**

**For Internal Use** - Eat a teaspoon of oil per meal or Mix the oil with an equal amount of honey or Drizzle the nigella oil over vegetables or Mix the oil into a strong drink.

**For Hair Benefits** - Mix the nigella oil with an equal amount of aroma oil then Massage the oil into your hair, wash the oil off after half an hour and at last rinse off your hair

**For Skin Benefits** - Dilute the oil with rose water before rubbing it on your skin. Use the diluted oil on bug bites, and other irritations. Make a warm compress to treat acne and scars. Rub oil onto painful areas.

#### **DESCRIPTION HTML:**

**Fatima's Garden 100% Pure Cold-Pressed Black Seed Oil with Omega 3 6 9 & Thymoquinone**  
Our nigella oil has 3 active ingredients that are thymoquinone (TQ), thymohydroquinone (THQ) and thymol. TQ has anti-oxidant and anti-inflammatory properties, and it also promotes healthy liver functioning. THQ helps to improve memory and brain functions through stimulation of the muscles, glands, and the central nervous system. Thymol is reputed for its powerful antimicrobial properties, makes it super immune system booster.  
**WHAT MAKES FATIMA'S GARDEN NIGELLA OIL EXCEPTIONAL?**  
Our black seed oil is manufactured using the 100% Purest form of black seed oil.  
Below are some of the outstanding benefits of our nigella sativa oil:

- Helps in Alleviating Allergy Symptoms
- Helps in Improving Lung Function
- Helps in Improving Memory and Cognition
- Supports Joint Pain
- Helps in Stabilizing Blood Pressure
- Helps in Reducing LDL Cholesterol
- Powerful Immune System Booster
- Promotes Weight Management
- Promotes Hair Health
- Helps in Rejuvenating Skin
- Supports Indigestion Relief
- Helps in Improving Memory

**Direction for Use:**  
**For Internal Use** - Eat a teaspoon of oil per meal or Mix the oil with an equal amount of honey or Drizzle the nigella oil over vegetables or Mix the oil into a strong drink.

**For Hair Benefits** - Mix the nigella oil with an equal amount of aroma oil then Massage the oil into your hair, wash the oil off after half an hour and at last rinse off your hair

**For Skin Benefits** - Dilute the oil with rose water before rubbing it on your skin. Use the diluted oil on bug bites, and other irritations. Make a warm compress to treat acne and scars. Rub oil onto painful areas.

**Intended Use:**

- Row 1 – Hair growth
- Row 2 – Skin care
- Row 3 – Joint pain Relief
- Row 4 – Weight loss
- Row 5 – Immune system booster

**Subject Matter:**

- Row 1 – black seed oil
- Row 2 – nigella sativa oil
- Row 3 – black cumin seed oil
- Row 4 – Thymoquinone
- Row 5 – Thymol

**Target Audience:**

- Row 1 - Female
- Row 2 - Women
- Row 3 - Adults
- Row 4 - male
- Row 5 - men

**Other Attributes:**

- Row 1 – Cold-Pressed
- Row 2 – Omega 3 6 9
- Row 3 – kalonji oil
- Row 4 – blood sugar
- Row 5 – lung health